

# Yoga Posies Medical Release Form

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Birthday \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age \_\_\_\_\_ Grade this Fall \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

## Parent Information:

Parent One: First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

Parent Two: First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

## IF NOT AVAILABLE IN AN EMERGENCY, NOTIFY:

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

Doctor \_\_\_\_\_ Phone \_\_\_\_\_

**List** any medical concerns over the last 2 years that we should be aware of, i.e.: surgeries, psychological, heart condition, convulsions/seizures, blood disorders, hypertension, mono, broken bones, hospitalizations etc.

\_\_\_\_\_  
\_\_\_\_\_

Activity Restrictions by parent's/physician's advice \_\_\_\_\_

Other information we need to know \_\_\_\_\_

**ALLERGIES:** \_ Hay Fever \_ Poison Ivy \_ Insect Stings \_ Food: \_\_\_\_\_

\_ Asthma \_ Penicillin \_ Other Drugs: \_\_\_\_\_

Medications brought to camp: \_\_\_\_\_

Notes on administering medication(s): \_\_\_\_\_

Acetaminophen, Ibuprofen, antacids, anti-diarrhea medication, and first aid **MAY / MAY NOT (CIRCLE ONE)** be administered to my child, as needed, by designated staff members.

\_\_\_\_\_

## AUTHORIZATIONS:

This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed camp activities except as noted above. I also give permission to the medical personnel selected by Yoga Posies to order x-rays, routine tests and treatment. In the event I cannot be reached in an emergency, I give permission to the physician selected by Yoga Posies to transport, hospitalize, secure proper treatment, order injection, and/or anesthesia, and/or surgery.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Home Phone \_\_\_\_\_